

DECLARATION OF PREGNANCY

I, _____, do hereby make this voluntary declaration of pregnancy. My estimated date of conception was _____.

I have again reviewed Regulatory Guide 8.13 and the _____ policy for Declared Pregnant Workers.

It has been explained to me that I am making this voluntary declaration of pregnancy in order to meet the requirement of 10 CFR 20.1208. I understand that this means the licensee must take measures to ensure that the total dose to the embryo/fetus during the entire pregnancy from occupational exposure does not exceed 0.5 rem. If, as of this date, the total dose to the embryo/fetus is 0.45 rem or greater, the total dose to the embryo/fetus during the remainder of the pregnancy shall not exceed 0.05 rem. It has been explained to me that these measures may include the reassignment of duties to those that will result in lower occupational exposure or the placement of certain restrictions on the duties I may perform.

ASSOCIATE

DATE

RADIATION SAFETY OFFICER

DATE

OCCUPATIONAL EXPOSURE TO EMBRYO/FETUS

Date: _____

Associate Name: _____

Birthdate: _____

Social Security No: _____

Estimated Date of Conception: _____

External Dose Since Date of Conception: _____ rem (1)

Internal Dose Since Date of Conception: _____ rem (2)

Total Dose Since Date of Conception: _____ rem (3)

Dose, 1st Month Post-Declaration: _____ rem

Dose, 2nd Month Post-Declaration: _____ rem

Dose, 3rd Month Post-Declaration: _____ rem

Dose, 4th Month Post-Declaration: _____ rem

Dose, 5th Month Post-Declaration: _____ rem

Dose, 6th Month Post-Declaration: _____ rem

Dose, 7th Month Post-Declaration: _____ rem

Dose, 8th Month Post-Declaration: _____ rem

Total: _____ rem (4)

Total Dose to the Embryo/Fetus (3) + (4) _____ rem

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- (1) Record measurement that is most representative of the exposure to the embryo/fetus (i.e., waist badge)
 - (2) Consult Regulatory Guide 8.36 for guidance
 - (3) If total dose is already 0.45 rem or greater, the dose to the embryo/fetus must be restricted to 0.05 rem for the remainder of the pregnancy.